



MUMS-TO-BE

are welcome to join a new



Pre-Natal exercise class

*with qualified teachers
from the Kuring-gai Yoga School*

available from

Saturday 4th February 10.00 am - 11.15 am

Cost: \$15.00 per session



Location

Pymble Uniting Church
Cnr Livingstone Ave & Pacific Highway
Pymble

*Stay for a chat and morning tea afterwards in our new Coffee Lounge
Parking available - enter via Livingstone Avenue.*

Learn about our
Baby Playgroup
for new Mums



For bookings or more information, please phone Judy on 9488 7678